



# Stevenson Klotz Monthly Calendar—June of 2016

**National Running Day, June 3.** Put on your running shoes and some sunscreen and go out for a run!

**National Cancer Survivors Day, June 5.** A day of celebration for those who have survived cancer. Inspiration for those recently diagnosed. Support for families, and outreach to the community.

**Flag Day, June 14.** Fly Old Glory with pride!

**Bloomsday, June 16.** In Ireland, readers of James Joyce's famous novel *Ulysses* recognize this day by re-enacting Leopold Bloom's stream-of-consciousness stroll through the streets of Dublin.

**Father's Day, June 19.** Remember your dad—and fathers everywhere—on this special day.

**Summer Solstice, June 20.** First day of Summer starts at 6:34 a.m. eastern time. Don't be late!

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Here are some pictures from our last several Youth Music Project concerts during Galley Night on Palatof in front of our office. Please come by next Galley Night and see the young, local music talent we will showcase!

Recent Pictures  
from the Youth Music  
Project Philanthropy  
at SKLF



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## What's Up at SKLF?

We have lots to report this month from Stevenson Klotz. First, we are going to have to find some new office space! Anybody that has been by the office lately will know that we are bursting at the seams with great new staff and important work to do. We are growing at a pace where we need more room for now and the future. We love having our offices on Palafox Street. As many of you know, Palafox Street is at the height of a major boom and revival. Palafox is alive, exciting and is now highly sought after real estate. We are working to finalize a deal on a new office space that is within a block of our current location. We will keep you posted as our plans develop.

This spring, one of our other major interoffice efforts is our in-office systemization project. Part of our vision statement is to deliver the best client/customer experience possible by a law firm. Working towards this effort we have partnered with a consulting firm that helps develop processes for law firms and other professional businesses. One of our goals is to make sure that our client support and legal process delivery systems are designed and implemented to produce outstanding client care. Systematizing an office is a major undertaking that we hope to complete this Fall.

Finally, Summer is about to be here and all of the kids are getting out of school. You may see one or more of our youngsters in the office learning about professional work ethics and helping out with their first office job as a copy boy (or a girl) or runner. We hope you have a wonderful spring in the transition to Summer. We look forward to catching up with you with more firm news next month.

## Flag Day Facts About Old Glory

The U.S. flag brings out the patriotism in most Americans. How much do you know about your flag? Here are some facts and terminology associated with Old Glory:

- Colors: A term used to refer to the flag itself.
- Color guards: The people who raise, lower, and safeguard (and usually fold) the flag in a flag-raising ceremony.
- Halyard: The rope used to raise and lower the flag.
- Union: The upper inner corner of the flag.
- Title 4, United States Code, Chapter 1, Sections 1 and 2, and Executive Order 10834: Outlines the uses and abuses of the flag and provides instructions on the actual hoisting, lowering, and flying of the American flag.
- Meaning behind the colors: White signifies purity and innocence. Red signifies hardiness and valor. Blue signifies vigilance, perseverance, and justice.

### Our areas of practice include:

- Serious Bodily Injury
- Premises Liability
- Dangerous or Defective Drugs
- Nursing Home Injury
- Wrongful Death
- Car & Truck Wrecks
- Defective Medical Devices
- Criminal law

Call us for a free consultation

# 850-444-0000

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## RECIPE OF THE MONTH

### Hot Artichoke Dip



I got this recipe in law school from my good friend Brian Key's sister, Melanie. Brian is not with us anymore, but I always think of a memory of him and a great dinner party at his little apartment in Homewood, Alabama when I taste it.

#### Ingredients:

- 1/8 tsp. Tabasco
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 14 ounce can artichoke hearts (chopped and drained)
- 1/3 cup Parmesan cheese
- 1 tsp. garlic powder
- 4 ounce grated mozzarella cheese

Stir all ingredients until well mixed. Spoon into a small oven-proof dish. Bake for 30 minutes at 350°F or until bubbly. Serve with warm toast points or crackers. Yields 2 cups.

## Vendor Spotlight

*Each month, we like to feature people we work with, our neighbors, or people who are influential in our community. This month we'd like to introduce you to our law office mate, Family Law Attorney Autumn Beck.*

Since establishing her own firm, she has consistently been chosen as a Florida Super Lawyer Rising Star. She is a graduate of Leadership Pensacola and is very active in the Pensacola community. We have known Autumn for a long time and love sharing office space with her. In fact, Autumn is one of Eric's distant relatives by marriage. Small world! Autumn's practice area is completely different from ours. She focuses only on family law and divorce matters. For instance, she offers her clients divorce representation, prenuptial agreements, paternity establishment, child support modifications, alimony modification, and mediations. One of the unique family law services Autumn offers is very new and cutting edge with only a handful of attorneys in Pensacola qualified. This new process is called

"Collaborative Divorce". Collaborative Divorce is a growing trend in family law geared to enable the spouses to avoid much of the trauma and bitterness associated with a traditional adversarial divorce. The Collaborative Divorce Institute describes the process; "Collaborative Divorce allows for a private and dignified process to guide the divorcing couple through their divorce while also preparing them for the future. Moving from one household to two is a normal transition for divorcing couples. This model treats the transition with reverence and respect while keeping the needs of the family and children at the forefront." Couples going through this process are guided by coaches and specialists who prioritize the peace and sanity of the parties and the well-being of the children as the most important focuses. It is designed to be a better way to separate and divorce without all of the extra drama and fighting. Autumn is one of the few local family law lawyers certified to undertake this less divisive divorce process. If you ever need any assistance with family law, give Autumn a call at **1(850) 466-3115** or visit her website at [www.autumnobeck.com](http://www.autumnobeck.com).

## Nursing Home Residents Have Rights

According to the US Department of Health and Human Services, by 2050, Americans aged over 65 will number 83.7 million, almost double that same age group as of 2012. Deciding to place an elderly parent or loved one in a nursing care facility is one of the toughest decisions an adult child may ever face. You should know that nursing home residents do not give up their rights when they enter a long-term care facility. The Nursing Home Reform Act of 1987 gives residents specific rights, including:

- The right to be free from abuse, mistreatment and neglect.
- The right to accommodation of medical, physical, psychological and social needs.
- The right to be treated with dignity.

Failure to prevent falls is a major problem in nursing homes. About 1,800 people living in U.S. nursing homes die each year from falls, according to the Centers for Disease Control and Prevention. As many as 20% of hip fracture patients die within a year of their injury.

Hospital patients as well as nursing home residents must be assessed for their risk of falling when they enter the facility. Facilities that fail to perform a fall risk assessment or to implement a fall prevention plan can be held liable for injuries that occur because of their failure to treat your loved one appropriately. If you ever have a question about the care your loved one is receiving in an elder care facility, please call us.

## Assess the Risk Before Taking on the Assignment

Carelessness is the cause of many accidents at work and at home, and one cause of carelessness is misunderstanding the risks involved in the tasks you carry out. Be on the lookout for these potential pitfalls:

- Overestimating your abilities. Performing a task once or twice may not really provide the experience to do it safely. Make sure you have the proper training and tools, and get help if it's necessary.
- Taking shortcuts. You may think that because you've done a job for a long time, you can take shortcuts to speed your work. Don't get complacent about safety measures when you undertake any sort of risky task.
- Overconfidence in equipment. The proper tools are important, and keeping them in good shape is vital. Check on all equipment before starting a job to ensure that it's in good repair and capable of holding up under stress.
- Depending on rescue. Sometimes people assume that if an accident happens, a co-worker or friend can just call 911 and make everything all right. Remember that small problems can snowball while you're waiting for assistance. You may suffer serious injury before anyone can show up to help.
- Poor role models. A manager or co-worker may skip safety measures, but that doesn't make it right. Take responsibility for your own welfare in everything you do, and don't take chances even if other people do.



## Eric's Corner

May was a great month. Carrie and I went to Cuba with our church on a mission trip. We helped the Episcopal Church in Cuba establish a new church in Holguin, a city near Santiago. We met a lot of great people and laid the groundwork for future mission trips to build the church building and to help with other projects in Holguin.

We also handed out a lot of baseball equipment to kids across the county. We are extremely grateful for the parents in the Bill Bond Baseball league who donated old gloves, balls, and even a full set of catcher's gear. Speaking of baseball, the season ended for each of our kids. Cole's team was number one in their league, and he ended the season hitting strong. Lucy Adams had

a great season playing second base in her first year of kid pitch baseball. Both kids had great coaches and learned a lot of life lessons they will take with them into adulthood. Now that baseball season is over, we are looking forward to a summer on the water fishing and boating.

Cole will be participating in the Jacksonian Guard this summer, which is a reenactment of Andrew Jackson raising the first American flag over Florida in Ferdinand Plaza in downtown Pensacola. He will be a drummer boy in the guard. It is a pretty neat opportunity because his great-great-great-grandfather Edwin LeRoy Cole was a drummer boy in the Union Army. While it's a different era uniform, it will be fun to watch him play the snare like his ancestor. The Jacksonian Guard will do the reenactment on Saturday afternoons in the summer, so come downtown and see it if you get a chance.

## Traumatic Brain Injuries

The Center for Disease Control tracks emerging health issues in the USA. The CDC has commented that traumatic brain injury (TBI) is a major cause of death and disability contributing to about 30% of all injury related deaths. Every day, 138 people in the United States die from injuries that include TBI. Survivors of a TBI may face effects from a few days up to many years.

TBI symptoms can include impaired thinking or memory, movement, sensation (e.g., vision or hearing), or emotional functioning (e.g., personality changes, depression). These injuries not only affect individuals but can have long term effects on victims' families. A TBI is caused by a bump, blow, or impact to the head or a penetrating brain injury that interferes with the normal operation of the brain. Not all injuries to the head result in a TBI.

According to the CDC "the severity of a TBI may range from "mild" (i.e., a brief change in mental status or consciousness) to "severe" (i.e., an extended period of unconsciousness or memory loss after the injury)." Most people will recognize a mild TBI by its common name, a concussion. It is possible that TBI's can happen in a car accident or work accident or sporting event.

Now that summer is here, children should always be reminded to wear their bike helmets. You should always be on the lookout for a minor or major brain injury when your head is involved in an impact. If you believe you have received a TBI as a result of someone's negligence, we can help screen your potential case and will undertake a free case review for you. Be careful, protect your cranium, and have a great, fun, safe summer!

